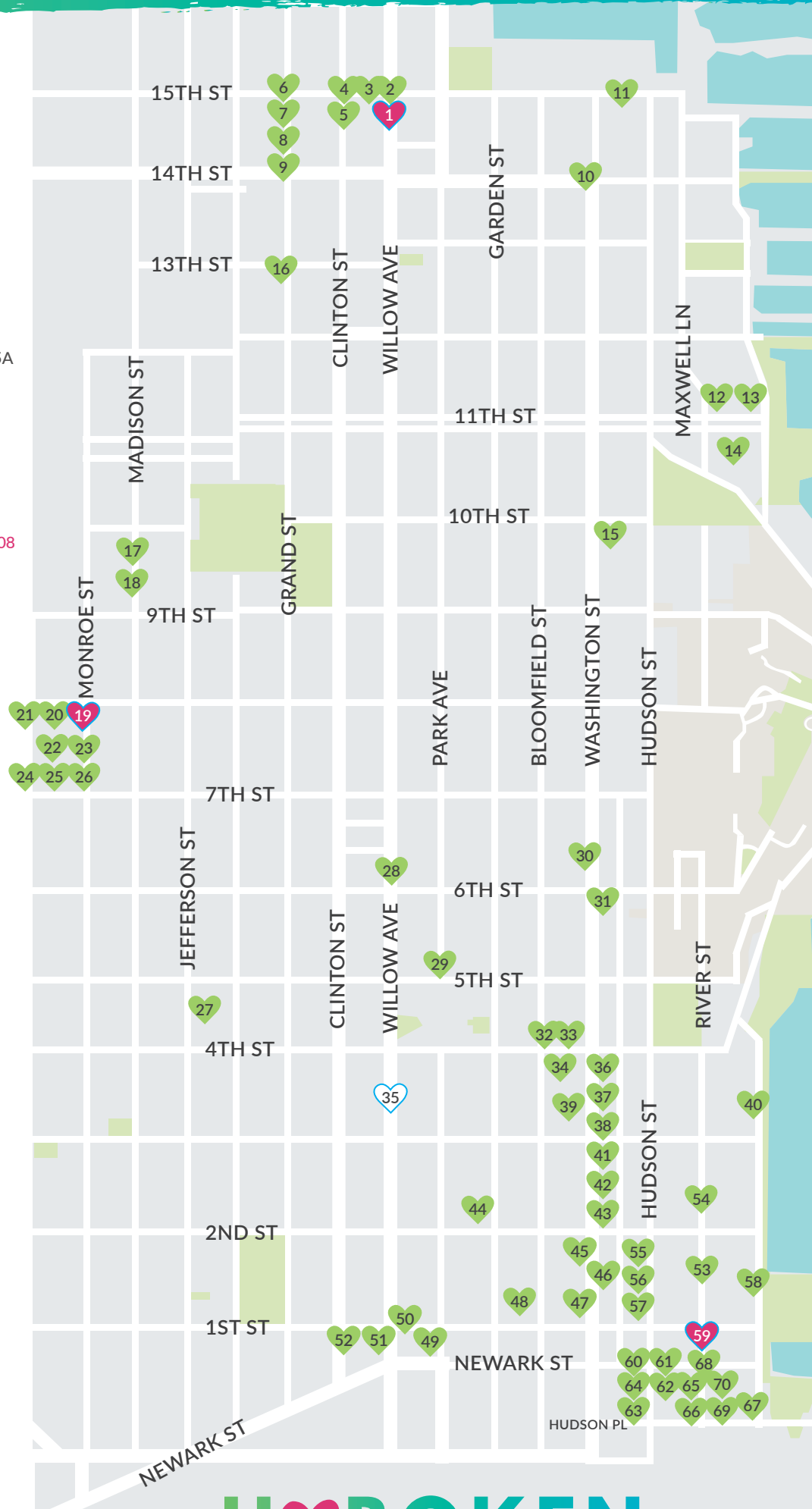


1. **Fit Foundry** • 1416 Willow Ave, 2nd Fl
2. **Excel Physical Therapy** • 333 15th St, #3A
3. **SLT Hoboken** • 333 15th St, 3rd Fl
4. **Tenaflly Pediatrics** • 333 15th St, 2nd Fl
5. **The Gravity Vault – Hoboken** • 1423 Clinton St
6. **CRAFT Physical Therapy, LLC** • 1422 Grand St, #4C
7. **GoRow Training Studio** • 1422 Grand St, 4th Fl
8. **Dharma Home Suites** • 1414 Grand St, Hoboken
9. **Real Hot Yoga** • 1414 Grand St, #2C
10. **Juice Press** • 1400 Washington St
11. **Club Pilates Hoboken** • 1400 Hudson St, #3C
12. **Nicole Linn – Intuitive Healer** • 1125 Maxwell Ln, #5A
13. **ONE/SOL** • 1125 Maxwell Ln, #5A
14. **Amazing Lash Studio** • 1025 Maxwell Ln, #6E
15. **Paris Spa Center** • 939 Washington St
16. **Tré Chique** • 1200 Grand St
17. **ShopRite Hoboken** • 900 Madison St
18. **CKO Kickboxing Hoboken** • 900 Madison St, #2
19. **The Spine & Sports Health Center** • 720 Monroe St, #C208
20. **IronPlate Studios** • 720 Monroe St, #C408
21. **CycleBar Hoboken** • 720 Monroe St, #C301
22. **Local Barre** • 720 Monroe St, #C300
23. **Shaka Bowl** • 720 Monroe St, #E103
24. **Sakara Life** • 720 Monroe St, #E407
25. **Attain MedSpa** • 720 Monroe St, #E407
26. **Salon Phoenix** • 720 Monroe St, #E415
27. **Asana Soul Practice** • 411 Jefferson St
28. **Work it Out** • 603 Willow Ave
29. **Hoboken Library** • 500 Park Ave
30. **Uni K Wax studio** • 606 Washington St
31. **THE MAX Challenge of Hoboken** • 537 Washington St
32. **Align Pilates and Wellness** • 401 Bloomfield St
33. **Nurturing Life Acupuncture & Wellness** • 106 4th St
34. **Up & Out Salons** • 341 Bloomfield St
35. **Carepoint Health** • 308 Willow Ave
36. **The Joint** • 325 Washington St
37. **Sephora Studio** • 319 Washington St
38. **Project Sculpt** • 319 Washington St, 2nd Fl
39. **Athleta** • 316 Washington St
40. **UFC Gym** • 316 Sinatra Dr
41. **Dental Associates of Hoboken** • 233 Washington St
42. **Quality Greens Kitchen** • 227 Washington St
43. **Acai Ya Later** • 203 Washington St
44. **Hoboken Women's Wellness** • 204 2nd St
45. **Retro Fitness** • 130 Washington St
46. **CTOR Orthodontics** • 129 Washington St, #300
47. **Shaka Bowl** • 110 Washington St
48. **Lorraine's House of Styles** • 160 1st St
49. **Pavana Yoga** • 251 1st St
50. **Simply Juiced** • 262 1st St
51. **Willow Rose** • 303 1st St
52. **Restore** • 305 1st St
53. **Work it Out** • 5 Marine View Plaza
54. **yourself first, llc** • 221 River St, 9th Fl
55. **Powerflow Yoga Hoboken** • 104 Hudson St, 5th Fl
56. **Playa Bowls** • 100 Hudson St
57. **Urban Souls** • 100 Hudson St, 4th Fl
58. **Crunch Fitness** • 110 Sinatra Dr
59. **Birch** • 92 River Street
60. **Hoboken Integrated Healthcare** • 90 Hudson St
61. **IV ELEMENTS** • 89 Hudson St, 3rd Fl
62. **Surya Yoga Academy** • 79 Hudson St, #103LL
63. **Prime Cycle** • 70 Hudson St
64. **Hudson Sport & Spine** • 70 Hudson St, #2B
65. **TONI&GUY Downtown** • 44 Hudson Place, 3rd Fl
66. **Hudson Yoga Project** • 44 Hudson Place, 4th Fl
67. **Bum Pilates** • 22 Hudson Place, 4th Fl
68. **Hoboken Smile Specialists** • 33-41 Newark St, #2A
69. **Dr. Park Ave** • 80 River St, #4A
70. **the bar method Hoboken** • 86 River St, 2nd Fl



H BOKEN WELLNESS CRAWL


WELLNESS HUB
See back for details


**CHECK-IN
LOCATIONS**


**WELLNESS
STOPS**

H♥BOKEN WELLNESS CRAWL

UPTOWN HUB

FIT FOUNDRY {1416 WILLOW AVE}

VENDORS

Acuworx Acupuncture Studio
Be Brilliant Styling
CityMD Urgent Care
Cooking w/Julie
CycleMixx
EC Beauty Studios
Fit Foundry
Hoboken Chiropractic + Wellness
IV+REVOLUTION
Massage By Dusty
Orangetheory Fitness Edgewater
Peloton
Reprise Activewear
REZ
SoJo Spa Club
the little Sage 111
Wholly Health
Vital Proteins

DOWNTOWN HUB

BIRCH {92 RIVER STREET}

VENDORS

8 Springs Studio
201 Energy Yogurt
Busy Bee Organics
Dania Morgan Wellness
Doody Free Girl
dōTERRA Essential Oils
HelloFresh
Ironbound Performance Athletics
Ivy Rehab Physical Therapy
Juice Basin
LaKoet salon / Gaia's Cavern
Mudjestic Skincare
om.life Wellness Spa
Orangetheory Fitness Jersey City
Schweiger Dermatology Group
Sports Acupuncture & Family Wellness
The FIT Lab
Wellness Lab
Orthique

WEST HUB

THE SPINE AND SPORTS HEALTH CENTER
{720 MONROE ST C208, MONROE CENTER}

VENDORS

Bare Maximum
Beyond Bronze Mobile Tanning
Getaround
Happy KiDDS Pediatric Dentistry
Jane DO
Mindful Creators
Party with Purpose
Rodan + Fields
SANCRI
Stephanie Roman
The Spine and Sports Health Center
Young Living



HOBOKEN GIRL



CODE TO REDEEM: 567756

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SPORTS ACUPUNCTURE
& FAMILY WELLNESS

